

For more information about Sow the City visit **www.sowthecity.org** or email us at **info@sowthecity.org**



Getting the most out of your school grounds

Sow the City is an award winning social enterprise based in Manchester. Established in 2009 we help schools across the North West to develop their outdoor learning.

Our dedicated gardening practitioners:

- Offer a range of hands-on seasonal workshops.
- Equip children with practical and life skills and connect them with the natural environment.
- Provide staff with opportunities to teach outdoors.
- Meet curriculum targets across a range of subjects.
- Cater for all ages and abilities including LAC and SEN children.
- Can help with the funding, design and build of new edible and wildlife gardens.
- Construction
- Growing
- Cooking
- Animals
- Nature
- Gardens

